

<b>Responsorial Psalm Response</b> I will praise you Lord, for you have rescued me.	<b>Gospel Acclamation</b> <b>Alleluia, Alleluia!</b> Christ is risen, the Lord of all creation, he has shown pity on all people. <b>Alleluia!</b>
---	---

**WEEKEND MASSES**

<b>Epping</b>	<b>5pm Vigil, 8:30am, 10:15am, 6:00pm</b>
<b>Carlingford</b>	<b>6:00pm Vigil, 7:45am, 9:30am</b>

<b>WEEKDAY MASSES</b>	<b>Mon.</b>	<b>Tues.</b>	<b>Wed.</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat.</b>	
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	

**HEALING MASS** **Carlingford**—1st Thursday, **Epping** — 3rd Wednesday

**EXPOSITION OF THE EUCHARIST:** **Epping** Saturday 9:45-10:15am, **Carlingford**, 4th Thursday 10:00am

**SACRAMENT OF RECONCILIATION:** **Epping** Saturday 9:45-10:15am **Carlingford** Saturday 5:00—5:30pm  
**OR BY APPOINTMENT**

**BAPTISMS AND WEDDINGS: BY APPOINTMENT**

**PARISH OFFICE:** 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au

**ST GERARD MAJELLA PRIMARY SCHOOL:** **PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au

**OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL:** **PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**

**Recently deceased:** Terry Mooney, Joyce Fewtrell, Edward Sulto Span, Kevin Plummer, Caroline Prasad, Lynette Herbert, John McKelvey, Walter Souhrada, Peter O'Malley.

**Anniversaries:** Tony Theo, Kathleen O'Connell, Paul Kelly.

**Also for:** Francis (Frank) Boyd, Roger & Jean-Claude Nina.

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Rose Prior, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Ron Jenkins, Dorothea Ellis, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Stephen Last, Kathy Noonan, Alice Eng Peck Quah, Dorothy Bonaccorso, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Pam Taig, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Ausustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Kath McCarthy, Nicholas, Rajanayagen, Maria Lee, Patricia Muschalik, Ernest Lau, Delma Soria, Sr Abanasia Lee, Maria Llave, Maria Belisario, Fe Llave, Stella Edwards, Boyet Llave, Fara Vargas, Kathy Walsh, Theo Stevens, Monica Weeden.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.*

**ROSARY FOR VOCATIONS — Next Saturday 11<sup>th</sup> May** the Rosary will be offered for Vocations at St Gerard's, Carlingford commencing at 5:40pm just before the 6pm Saturday Vigil Mass. All most welcome!

**REFLECTION ON NEXT SUNDAY'S SCRIPTURES**

A reminder that our weekly time of reflection on the coming Sunday's Scriptures will take place this coming **Friday, 10<sup>th</sup> May** at Carlingford and will commence immediately following the 9:30am Mass, in the Parish Meeting Room. All welcome!

**MONDAY NIGHT ROSARY — ST GERARD'S, CARLINGFORD**

Just a reminder that the Rosary is said at St Gerard's, Carlingford every Monday night at 7:30pm. For further information please call Ms Gallo 9872 5181.

Date	Mass	Epping	Mass	Carlingford
11/05/19	5:00pm	Fr Joey Frez	6:00pm	Fr Peter Dowd
12/05/19	8:30am	Fr Joey Frez	7:45am	Fr Peter Dowd
12/05/19	10:15am	Fr Joey Frez	9:30am	Fr Peter Dowd
12/05/19	6:00pm	Fr Joey Frez		

**Pre-Marriage Course**

**Couples** before you officially say **"I-Do"**, take this course to learn how to **build** a stronger foundation for your **marriage**.

Call **Cynthia:** 0404 488 238  
**E:** 3Rcounselling@gmail.com  
**www.3Rcounselling.com.au**

## The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

### Our Lady Help of Christians' Church

31 Oxford Street, Epping and

### St Gerard Majella Church

543 North Rocks Road, Carlingford

**Parish Priest:** Fr Peter Dowd,

**Ph.:** 9876 2853

**Email:** peter@eppcarl.org.au

**Parish Office:** 02 9876 2853

**Assistant Priest:** Fr Joey Frez

**Ph.:** 9872 3400

**Email:** joseph@eppcarl.org.au

**Email:** parish@eppcarl.org.au

**Parish Website:** [www.bbcatholic.org.au/eppingcarlingford](http://www.bbcatholic.org.au/eppingcarlingford)

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

**YEAR C****THIRD SUNDAY OF EASTER****5-05-19****Acts 5:27-32.40-41****Apocalypse 5:11-14****John 21:1-19**

Dear Sisters and Brothers,

From time to time, some people ask me why I and the Parish Pastoral Council have placed an emphasis on the Alpha programme within our Parish Pastoral Plan. In response I would make a few observations: Firstly, its important to emphasise that Alpha is only a tool towards the ultimate aim of what we refer to as "Missionary Discipleship."

This term is something that has not featured **highly** in our Catholic culture until, I would argue, the appearance of the writings of Pope Francis. This is not to say the terms haven't existed prior to his pontificate, indeed they go right back to the time of the earliest Christians...but Pope Francis has certainly sought to make them more 'mainstream' in the life of our Catholic Church.

The word '**disciple**' means eventually 'life long learner' and '**missionary**' comes from the word 'to be sent.' If every parishioner was to be a "Missionary Disciple" what would he/she look like? In reflecting on this question, our PPC came up with the following attributes which I will reflect on in more depth in coming bulletin notices. In summary, these are the ten agreed attributes of a Missionary Disciple:

1. Has a personal relationship with Jesus.
2. Has a daily prayer life.
3. Has a commitment to Sunday Eucharist and the Sacraments.
4. Uses gifts in ministry.
5. Knows basic Catholic theology (Kerygma).
6. Has knowledge and love of the Scriptures.
7. Can and does share faith with others.
8. Personally outreaches to people in need.
9. Gives generously.
10. Experiences real Christian community (in a small group and has friends in the parish).

It has been said that faith is shared at a distance of no more than 10 feet. Our Parish Pastoral Plan wants to grow Missionary Disciples, but the question is how? The answer is that we will, with rare exceptions, grow Missionary Disciples through small groups.

Most of the attributes above are best developed in small groups, particularly those small groups with some direction from the parish leadership.

This is where Alpha (along with other parish gatherings) comes into the picture. Through sharing a meal providing engaging input and discussion, parishioners get to know other parishioners as well as encountering or 're-encountering' the basis of our Christian faith.

Following on from Alpha we are planning to put more emphasis on parishioners finding an opportunity to 'connect' or continue meeting and growing in faith through other programmes which build on what has commenced at Alpha or in other small group gatherings such as our Lenten groups etc.

In all of these the aim of the small group for a parish is to promote growth of people in their faith, not only in their knowledge but in their attitudes, skills and activities. While growth in faith is really about a person's decision to give their hearts and lives to Jesus, living more and more within a discipleship lifestyle and supports that decision to be lived out each day.

**I would therefore like to invite everyone but especially those who haven't been to Alpha so far to join us in the parish meeting room Carlingford on Tuesday 14th May at 7:00pm. "Come and See" is the invitation to you all!** Then if you wish, you can join us again on the following Tuesday.

For catering purposes please fill out and return the RSVP slip in the bulletin or the pamphlet available in the pews. Please return the tear-off slips to the Alpha box at the back of the church, the parish mailboxes or the parish office. You can also fill in your contact details on the sheets available on the table at the back of the churches or simply turn up!

We look forward to welcoming you!

*Fr Peter*



### Parish Mission Statement

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

### April 2019 Safeguarding Message

A culture of Safeguarding values DIGNITY....."As the Father has loved me, so I have loved you; abide in my love."  
- John 15:9

### Antioch is hosting a Parish Trivia Night and we would like to invite you all to come along!

**Date:** 25th May, Saturday  
**Time:** 7-10pm  
**Location:** St Gerard's Parish Hall, 543 North Rocks Road, Carlingford .

We are fundraising for our youth who will be attending the Australian Catholic Youth Festival (ACYF) in Perth in December this year. This event happens once every two years and calls together young people from all around Australia to join together and celebrate their faith. The theme is 'Listen to what the Spirit is Saying' and some of the events being hosted include workshops, music, prayer, Mass, Adoration and a Pilgrimage walk.

We are also in need of people to donate gifts for trivia prizes. If you can help, please drop them off at either Church before the 19th of May. All your support and prayers are greatly appreciated!

Please RSVP yourself or your group of 8-10 people to this email address: [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au).

Entry price is \$10 per person or \$80 for a team of 8-10 people. The latest date to RSVP is the 19th of May. If you have any questions, please email [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au) or contact the Parish Youth Minister, Joanna Mak on 0423 717 550. Thank you!



### Alpha at Carlingford Come and See on Tuesday evening 14<sup>th</sup> May

Join us at 7pm for a hot meal in the Parish meeting room Carlingford at 543 North Rocks Road. Let us know if you are coming, so we can set a place for you, or just come. You will be most welcome.

If you are coming, invite a friend to come with you. Your friendship will grow when you explore life's questions and share life's journey at Alpha.

### Alpha Team

Alpha is possible because of a great team of people. They have the gift of hospitality and joy in the Spirit. They will welcome you, for they want you to feel at home at Alpha. You are our guest.

The videos ask the questions and explore some answers for people to consider. It is very relaxed but also very interactive for everyone can have their say about life as they have experienced it.

**Come and join us, just "Come and See" Tuesday 14<sup>th</sup> May at 7pm in the Carlingford meeting room.**

Please fill in the form in the Bulletin or the pamphlet and drop it in the box at the church door, or go to [bbcatholic.org.au/eppingcarlingford](http://bbcatholic.org.au/eppingcarlingford) and click on the Alpha picture on the home page and in the dropdown box you can 'Sign up for Alpha'.

-----✂-----**Tear-off Slip**-----✂-----

First Name:.....

Surname:.....

Mobile:.....

Email:.....

Please place in the Alpha box at the back of the Church or place in the mailbox (located in the meeting room door at Carlingford, and in the green doors to the verandah at Epping) or email to [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)



**HAVE YOU TOLD US?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

### AFTER HOURS SICK CALLS— 9876 2853

Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

## 28 CHAPTERS OF ACTS IN 28 DAYS

CHALLENGE YOURSELF BY READING A CHAPTER A DAY FROM THE BOOK OF ACTS.

LISTEN OR READ FOR A FEW MINUTES EACH DAY USING YOUR SMARTPHONE OR BIBLE.



REFLECT ON THE READING



SHARE YOUR REFLECTION IN WHATSAPP



STARTS 12 MAY 2019  
ENDS 8 JUNE 2019

TO JOIN TEXT '28' TO  
0435 031 848 (LEON)



CONTACT FOR MORE INFORMATION Email Denis McNamara at [denis.mcnamara@eppcarl.org.au](mailto:denis.mcnamara@eppcarl.org.au)

The Catholic Parish of Epping and Carlingford  
Diocese of Broken Bay

Antioch Group taken on Good Friday.



### THE APOSTLES' CREED

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
**At the words that follow, up to and including the Virgin Mary, all bow.**

who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

**The Truth Justice and Healing Council**  
[www.thecouncil.org.au](http://www.thecouncil.org.au) Ph.: 6234 0900

### ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping Baptist Church.

### Messy Parenting—the messy family podcast

Parenting is not a clean-cut simple process. Family life is messy and unpredictable.

"Parenting" is the greatest adventure you will ever have. Let's talk about how we can internationally parent and build greater family unity in our homes.

International speakers Mike and Alicia Hernon

**Time:** 7:30pm—9:00pm  
**Venue:** St Agatha's Church, 20 Boundary Rd  
Pennant Hills  
**Date:** 23rd May 2019

Enquiries: [steven.buhagiar@bbcatholic.org.au](mailto:steven.buhagiar@bbcatholic.org.au)  
RSVP: 8379 1630 or 0415 600 290

### ADMITTED TO HOSPITAL

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.



[www.wnbull.com.au](http://www.wnbull.com.au)  
[wnbull@wnbull.com](mailto:wnbull@wnbull.com)

9519 5344

An Australian owned company



## Reflection on this Sunday's Gospel—Easter as Opening the Doors of Hell

Henri Nouwen once commented that he used to be resentful whenever he was interrupted in his work until he realized that, often times, interruptions were his real work.

There's a lesson here: We're often resentful when our plans are interrupted. Sometimes these interruptions are minor, an unexpected phone call while we're working or watching television. Sometimes though they're major: an unplanned pregnancy that interrupts our career, an economic hardship that derails our plan for being a writer or an artist, a family situation that prevents us from pursuing a dream, or a loss of health that puts everything on hold.

Countless things, big and small, perennially conspire against our agendas and sabotage our dreams. Often we're resentful and think to ourselves: "If only! If only this hadn't happened! Now I have to wait to go back to school, to resume my career. Now I'll never have a chance to fulfill my dream." Sometimes in middle age, or even earlier, this resentment takes a more radical form: "I've wasted my life, been a victim of circumstance, given in to the demands of others, and now I'll never get the chance to do what I really wanted."

What initially is experienced as an unwanted interruption can, in the end, be our real agenda. But the opposite is also true: Sometimes instead of resentment there's gratitude because we realize that the interruptions, so unwelcome at the time, were really salvific and, far from derailing our real agenda, were our real agenda. A couple of examples might help explain this: I'm sure all of us have known individuals or families where an unplanned pregnancy suddenly turned all plans (economic, career, travel, new house) upside down. Initially there was resentment. Later on the unwanted interruption turned into a much wanted and loved child who helped create a happiness that dwarfed anything that might have resulted had original plans not been derailed by that interruption.

The British historian, A N Wilson, in a biography of C S Lewis, describes how Lewis' life as a teacher and writer was, during virtually all of his productive years, interrupted by the demands of his adopted mother who made him do all the shopping and housework and demanded hours of his time daily for domestic tasks. Lewis' own brother, Warnie, who also lived in the household (and who generally refused to let his own agenda be so interrupted) laments this fact in his diaries and suggests that Lewis could have been much more prolific had he not had to spend countless hours doing domestic chores.

Lewis himself, however, gives a different assessment. Far from being resentful about these interruptions, he's grateful and suggests that it was precisely these domestic demands that kept him in touch with life in a way that other Oxford Dons (who never had to shop and do housework) were not. Wilson agrees and suggests that it was precisely because of these interruptions, which kept Lewis' feet squarely on the ground, that Lewis was able to have such empathic insights into the everyday human condition.

As these examples illustrate, what initially is experienced as an unwanted interruption can, in the end, be our real agenda.

Of course, this isn't always true. Our lives are not meant to be left entirely to circumstance. We're meant to make choices too, hard choices at times, to actively shape our own destiny. It can be unhealthy, fatalistic even, to simply accept whatever happens. It can also lead to considerable bitterness and disappointment with our lives. We have God-given dreams and talents and must, in the name of the God who gave them to us, fight too for our agenda.

However, we must also look for the hand of that God in our interruptions. These often appear as a conspiracy of accidents through which God guides and tutors us. If we were totally in control of our own agendas, if we could simply plan and execute our lives according to our own dreams with no unwanted demands, I fear that many of us would, slowly and subtly, become selfish and would, also slowly and imperceptibly, find our lives devoid of simple joy, enthusiasm, family life, and real community.

Baptism means derailment. Christ baptizes Peter on the rock when he tells him: "Your life is now no longer your own. Before you made a profession of love, you fastened your belt and walked wherever you liked. Now, others will put a belt around you and take you where you would rather not go." To submit to love is to be baptized, namely, to let our lives be forever interrupted. To not let our lives be interrupted is to say no to love.

C S Lewis once said that we'll spend most of eternity thanking God for those prayers he didn't answer. I suspect we'll also spend a good part of eternity thanking God for those interruptions that derailed our plans but baptized us into life and love in a way we could never have ourselves planned or accomplished. We do not live by accomplishment alone and sometimes what's best for us can only be learned in the absence of sufficient evidence.

Ron Rolheiser

*Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, [www.ronrolheiser.com](http://www.ronrolheiser.com).*

## EASTER OFFERING ENVELOPES

Easter Offering Envelopes are available near the bulletin boxes in both our churches. This annual appeal is a vital supplement to the First Collection which provides the salary and living expenses and health care provision for the priests of our diocese in active ministry and the accommodation, care and living expenses for priests who are retired. Please give as generously as you can as this fund is sorely strained and is struggling to meet its commitments. The envelopes can be placed on the collection plates over this An Invitation to our next Ecumenical Easter Season.

## PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	05/05/19	9:30am	No Kidz Word—Commentated Children's Mass
		10:15am	Kidz Word at Our Lady Help of Christians' Church
		3:00pm	PH Epping First Eucharist Session 1
		6:00pm	PMR Carlingford Antioch Group
Mon	06/05/19	9:00am	PH Epping—No Little Engines Playgroup
		9:30am	PH Carlingford Gerry's Playgroup
		9:30am	<b>Mass at St Gerard's Church</b>
		7:30pm	PMR Carlingford SVdP meeting
		7:30pm	CH Carlingford Rosary Group
Tue.	07/05/19	12:15pm	<b>Mass at Our Lady Help of Christians' Church</b>
		7:00pm	CH Carlingford Adult Choir Practice
		7:30pm	Vinnies Shop SVdP Epping meeting
Wed.	08/05/19	9:15am	<b>Mass at Our Lady Help of Christians' Church</b>
		9:30am	<b>Mass at St Gerard's Church</b>
		10:10am	St Gerard's School—Reconciliation Yr. 3/4W
		7:00pm	CH Epping Adult Choir practice
Thur.	09/05/19	9:00am	St Gerard's Mother's Day whole School Liturgy
		9:30am	<b>Mass at St Gerard's Church</b>
		12:15pm	<b>Mass at Our Lady Help of Christians' Church</b>
		7:00pm	PMR Carlingford First Eucharist Session 1
Fri.	10/05/19	9:15am	OLHC School Mother's Day Liturgy
			Breakfast in P/Hall, then a liturgy in the Church
		9:30am	<b>Mass at St Gerard's Church</b>
		10:10am	Reflection on Sunday's Gospel
		12:15pm	<b>Mass at Our Lady Help of Christians' Church</b>
		4:30pm	CH Epping Rosary for the Immaculate Heart of Mary
		7:00pm	PH Carlingford—CANA Group
Sat.	11/05/19	9:15am	<b>Mass at Our Lady Help of Christians' Church</b>
		9:45am	Exposition and Reconciliation
		10:15am	Benediction
		3:00pm	PH Carlingford First Eucharist Session 2
		5:00pm	<b>Mass at Our Lady Help of Christians</b>
		5:00pm	Reconciliation at St Gerard's
		6:00pm	<b>Mass at St Gerard's Church</b>
PH—Parish Hall, CH—Church, PMR—Parish Meeting Room			

## ALL READERS PLEASE NOTE!

All Readers are invited to an evening with Fr Joh Frauenfelder as we reflect on the importance of the Ministry of Breaking Open the Word at Mass each week.

The workshop will take place on Wednesday 29th May in the parish meeting room at Carlingford, commencing with a light supper at 7pm followed by a Reflection given by Fr John and Fr Peter.

All Readers are asked to attend. RSVP no later than Friday 24th May to the parish on 9876 2853 or email [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)

There is still an opportunity to register your interest by leaving your details on the sheet of paper entitled "Ministry of Reader" near the main entrances to each of our churches or email Fr Peter at [peter@eppcarl.org.au](mailto:peter@eppcarl.org.au).

*Fr Peter*

## PARISH STAFF

**Parish Secretary:**  
**Dennis Porteous** Ph.: 9876 2853  
Email: [dennis@eppcarl.org.au](mailto:dennis@eppcarl.org.au)

**Asst. Parish Secretary:**  
**Maree Balzulat** Ph.: 9876 2853  
Email: [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)

**Pastoral Care Assistant:**  
**Maree Balzulat** Ph.: 9876 2853  
Email: [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)

**Parish Support Worker (PSW) Sacramental Programmes and Children's Ministries**  
**Lynn Siau**  
Ph.: 0407 255 593  
Email: [kids.sacrament@eppcarl.org.au](mailto:kids.sacrament@eppcarl.org.au)

**Sacramental Programme Assistant:**  
**Marcella Letteri**  
Ph.: 0407 255 593

**Pastoral Support Worker (PSW) Youth:**  
**Joanna Mak**  
Ph.: 0423 717 550  
Email: [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au)

**Missionary Discipleship Coordinator:**  
**Denis McNamara**  
Ph: 0410 041 944  
Email: [denis.mcnamara@eppcarl.org.au](mailto:denis.mcnamara@eppcarl.org.au)

**Parish Pastoral Council**  
If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)

## OUR LOCAL PENTECOST ECUMENICAL LITURGY

The next gathering of the local Churches in our Covenant will be to celebrate Pentecost on

**Tuesday, 4th June 2019**

at 7:45pm  
at West Epping Uniting Church,  
161 Carlingford Road  
Epping

Please come along to this liturgy and be part of our Pentecost celebrations.



**THE PARISH WEBSITE**  
**[www.bbcatholic.org.au/](http://www.bbcatholic.org.au/)**  
**eppingcarlingford** contains a complete directory of parish life and downloads of



### Children's Sacramental Journey - First Eucharist 2019

Preparation sessions for First Eucharist commences this weekend. Candidates are required to attend a session once a week with their parent over 4 weeks for preparation of this sacrament. The four sessions are on:

1. Bread of Life
2. This is My Body
3. God's Word
4. Eucharist

The first session, "Bread of Life", talks about the importance of mealtimes at home. This aims at helping children better understand the nourishment of love from meals with family is very much like the nourishment of love we receive from Jesus when we gather at Church each week. They also learn that mealtimes were important to Jesus; he shared it with all sorts of people and that fellowship begins with a simple meal. We will listen to the story of Jesus feeding five thousand people and discuss what Jesus meant when he said, "I am the Bread of Life".

This Sunday the 5<sup>th</sup> May, the 9:30am Mass at St. Gerard's Carlingford is a special Children's Mass that is commented by Fr Peter and always enjoyed by all, as he takes us through the significance of each stage of Mass and quizzes the children! The children will also provide the ministries for this Mass by reading God's Word, leading the prayers, be involved in the Gospel procession or bring forth the bread and wine for offertory. Everyone is welcome to attend these Masses. If you cannot make this special Mass, there will be another one on the 19<sup>th</sup> May 10:15am at Our Lady Help of Christians' Epping, also commented by Fr Peter.

We always like to hear from you and look forward to building a fruitful relationship. If you have any queries or would like more information regarding your child's sacramental journey within our parish, please send an email to [kids.sacrament@eppcarl.org.au](mailto:kids.sacrament@eppcarl.org.au)

May the peace of Christ be with you always!

### Children's Mass - Carlingford

There will be a Children's Mass at 10:15am at Our Lady Help of Christians' Church, Epping on Sunday 19<sup>th</sup> May.

The children can be involved in hospitality, readings, prayers, processions and singing in the choir. We invite your children to participate! Please email me for more information.

Lynn Siau  
Sacramental Programmes & Children's  
Ministries  
0407 255 593  
[lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au)



## CWF The Charitable Works Fund

The third CWF Appeal for this Financial Year will be held this weekend 4/5<sup>th</sup> May in both our Churches.

The Charitable Works Fund is working every day to support faith-based services for the people of the Diocese of Broken Bay. Supporting the CWF puts your gift to work in our local faith community.

Donations \$2 and over are tax-deductible.

Catholic Care Hospital Chaplaincy and Pastoral Care Practitioner Programme—where five Pastoral Care Practitioners reach over 3,000 patients, 700 families and over 180 hospitals staff each year across seven hospitals in our Diocese.

**Confraternity of Christian Doctrine**—creating and updating teaching materials and training catechists who minister to public school students across the Diocese.

**St Lucy's School**—for primary school students with disabilities.

**St Edmund's College**—for secondary school students with disabilities.

**Ephpheta Centre**—serving the Catholic deaf community.

Thank you for your kindness, your thoughtfulness and your generosity.

Envelopes can be found in the pews. Please give generously as any shortfall from this appeal will have to be made up from normal parish funds – please support the appeal so that we can avoid this happening. Our Parish quota for this appeal is \$17,064.

### Parish Groups

We are looking for parishioners who could help out in the following areas:

#### Bulletin Collating Cleaning the Church at Epping Altar Society at both Carlingford and Epping

Bulletin Collating is usually carried out on a Saturday morning in both churches.

The Church at Epping can be cleaner on a Friday or Saturday after the morning Mass/Benediction.

Altar Society—Depending on the group mainly Friday morning at Carlingford and Friday or Saturday at Epping.

Any help would be greatly appreciated.

**If you can help, please contact the parish office on 9876 2853 or email [maree@eppcarl.org.au](mailto:maree@eppcarl.org.au)**

### SAVE THE DATE~MUSIC MINISTRY DINNER

**Date: Wednesday, 22nd May 2019**  
**Venue & Time: C'ford Parish Meeting Room at 7pm**

All musicians and projectionists are welcome!  
**Is there anyone who can give Rachel a hand organising the dinner, we need your help!!!**

For further information please contact Rachel through the Parish office on 9876 2853

## Youth Page

### CANA: OUR yrs. 6-9 YOUTH GROUP



**Cana is on this this Friday 10th May**  
from 7:30-9:00pm  
in the St Gerard's Parish Hall.

Cana is a relaxed social and Christian gathering for young people between Year 6-9, with a combination of **games, food, a talk each week and prayer.**  
Come along and try it, bring a friend along and make some new friends!

**If you have any questions, please contact the Youth Minister, Joanna Mak**  
[joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au) or 0423 717 550

### Project Compassion

Please return Project boxes and envelopes by Sunday, 12th May. Please help our counters by turning your coins in your Project Compassion boxes into cheques or notes or \$1 and \$2 (or if at all possible, cheques). Your help is most appreciated.

### Understanding Parish Collections

#### The First Collection

Money collected from the first collection supports the needs of priests and the Bishop.

- The priests' monthly stipend
  - Upkeep of the presbytery, e.g. food, utilities, cleaner etc.
  - A small percentage to cover the expenses of the Bishop especially in caring for elderly priests.
- Income from other sources includes Easter and Christmas offerings (via envelope contributions made at these times). Wedding and baptism donations are also added into the first collection.

#### The Second Collection

Money from the second collection supports the maintenance of the parish buildings and pastoral programmes. The parish must work within its own budget and is unable to draw funds for expenses from any other source other than its own parish income.

- Parish running costs, e.g. administrative, insurance, utilities, general maintenance and upkeep of the church, presbytery and parish property.
  - Parish staff salaries including superannuation.
  - Priests' car expenses.
  - Charitable Works Fund shortfall.
- The collection combines income from planned giving envelopes and cash on plates.

Thank you for your generosity.

**Should you wish to pay by envelopes, direct debit or credit card please contact the parish office on 9876 2853.**

### OUR PARISH ANTIOCH COMMUNITY Meeting this Sunday 5th May



Why not come along to the Antioch meeting to hear a **great talk**, join in **discussion** time get into some **awesome music**, take time out for **prayer** and **meet people!**

The meeting starts at 6pm, in the parish meeting room @ Carlingford  
So head on down and bring a friend.

All young people from Yr. 10 to age 22 are **VERY WELCOME!!**

**For more information**  
**Joanne—0416 030 927**

"It was at Antioch that the believers were first called Christians." ~Acts 11:26



### BEYOND OUR PARISH

**Marist College Eastwood - Market Day — 26th May, 2019 - 9.30 am - 2.30 pm.**

Marist College Eastwood are holding their annual Market Day, and are looking for donations for their White Elephant, Book, Clothing and Art and Craft stalls!!

**Old books, Bric a Brac, Clothing and any hand made items will be gratefully accepted! Drop off between 12 noon and 3 pm on Saturday, 11th May.**

**Everything is welcome!!**

### Christian Meditation: 19th May 2019

Christian Meditation Introduction and Renewal Day at St Benedict' Monastery. 121 Arcadia Rd, Arcadia.

Commence at 10am and conclude at 3pm. Presentation, Introduction to Meditation, Mass, Book Display, BYO picnic lunch, tea and coffee provided. No charge for day, donations gratefully accepted.

Contact Br Terry on 0438 282 318 possible accommodation in monastery guest house. Other enquiries to Ann Bergman: [anniebergmann@hotmail.com](mailto:anniebergmann@hotmail.com) or Ann Lomas [atlomas@bigpond.com](mailto:atlomas@bigpond.com) or 9653 2637.

### CHOSEN CONFERENCE

*Be strong and courageous; do not be frightened or dismayed,  
for the Lord, your God is with you wherever you go.*  
- Joshua 1:9

The Chosen Conference is a national conference for youth and young adults between 18 - 30 years old, organised by Jesus Youth, an International Catholic Association with a focus on evangelising young people and nurturing their missionary initiatives. We invite you to join us from the 4th - 7th July 2019 at Sacred Heart Girl's College Melbourne for 4 power-packed days of youth rallies, up-lifting talks, workshops, theatre, Eucharistic celebrations, vocation & mission expo and live music. For registrations please visit [www.chosenconference.org.au](http://www.chosenconference.org.au). For further information, queries or group registration please contact [info@chosenconference.org.au](mailto:info@chosenconference.org.au) or call us at 0491 002 081.